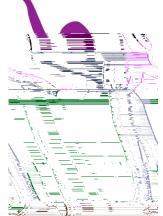
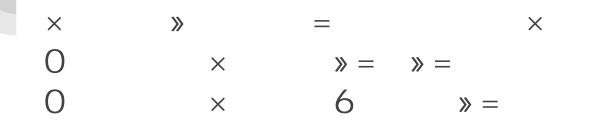


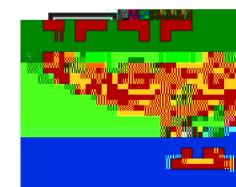
These classes are available for students who want to be involved in dance. Students typically start in the beginning but can audition into Intermediate, Elite, Advanced, and One Image.







This is a class mixed with regular education students and special education students. The students work together with special education students and participate in either dance, or Physical Education that help them to stay physically active.

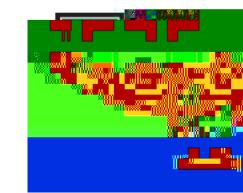


This class specifically addresses sports involving racquets. Those sports include badminton, tennis, racquetball, and pickleball. In addition we incorporate some made up games with racquets like pickle volleyball, etc.

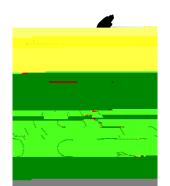
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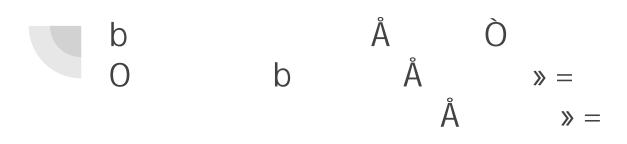
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In this class students learn the basic poses used in yoga and how this can help you throughout life to help develop strength, stamina, and balance.



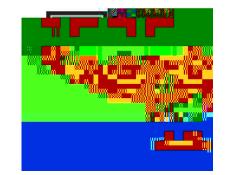
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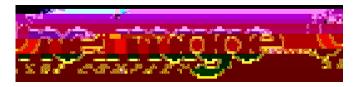
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Freshman can be in 5th hour volleyball classes, but they need coaches approval and they will set that



You should also be involved in the summer program for these sports if you want to try out. You can find information for summer programs on A thleticsHawks.com

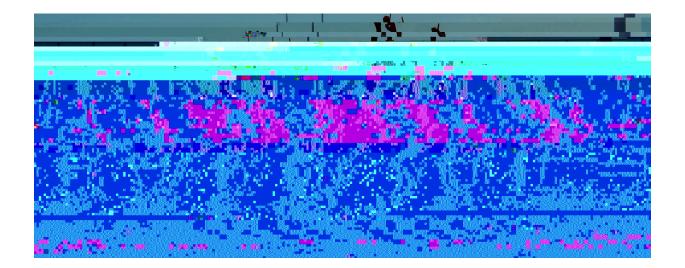
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Auditions for One Image Dance Company are:

Clinic: Monday May 6th 3:45-5:15

Auditions: Tuesday May 7th & Thursday May 9th 3:45 until done. Audition Google Classroom code will be available by April 5th





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PE100 Physical Education

PE401 Unified Physical Education